The Windsor Place Town Crier

Volume XXV, No. 1 2921 West First - (620) 251-5190 - Coffeyville, Kansas 67337 January 2020

Thank You

By: Amanda Landsaw, Chelsea Activity Director

We have made so many memories with your loved ones over the last 12 months as some residents making their first homemade pies to making Christmas candy to attending their first Windsor Place Christmas party. The staff at Windsor Place would like to thank each and every one of you for attending our holiday parties.

We had over 15 churches, schools, and other community groups visit Windsor Place to sing carols with friends and family to spread Christmas cheer. Although the tradition of caroling is not nearly as popular anymore as it once was, it's very important for the residents (and our staff) to continue to experience the wonderful feeling that caroling provides. Residents throughout the facility, with their bright and cheery faces, sang along with friends, family, staff, and each of the groups. In addition to the festive activities, the residents continue to enjoy a variety of planned activities, including daily exercise, movie & popcorn, rhythm band, and much more.

As we start the new year, we are excited about making new memories. In fact, we had a lot of fun at our Annual New Year's party that featured plenty of activities, snacks, drinks and laughs. The residents had a chance to talk about what they would like to see in 2020—many responded by saying that they want their families to be happy and healthy. There is no better joy then time spent with family.

Maxine Bishop *getting pointers on how to use a nerf gun to shoot a target.*

Windsor Place Community Members *and Age-to-Age students enjoy a select group from the Coffeyville Community College Band.*

Connie Smart*, sittin gon Santa's lap.*

Self-Reflections

A year-end review of your goals, beliefs, behavioral patterns, emotions, changes you want to make, and everything else that may be happening in your life.

By: Michael Mayberry, Administrator

Most of my family members and friends know that I'm big on spending the last day of the year in self-reflection. Self-reflection is about asking yourself thought-provoking questions to develop a deeper understanding of where you currently are in life, where you want to be in the next 6-12 months, for instance, and what action steps to take to help get you there.

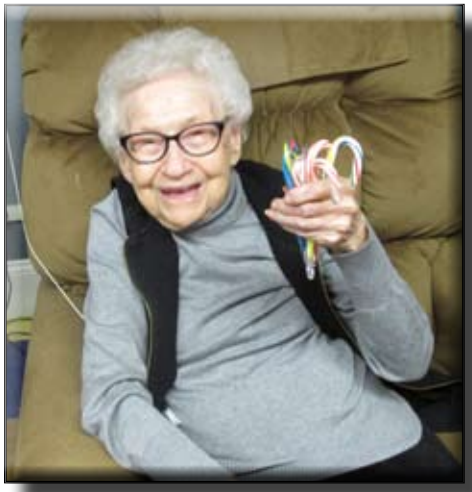
Engaging in self-reflection means that you take some alone time, sit down with a blank piece of paper, a good writing utensil, and reflect on your goals, beliefs, behavioral patterns, emotional knots, changes you want to make, and everything else that may be happening in your life.

The biggest benefit of self-reflection is that you gain a better overview of your life – you better understand yourself and your life situations (and other people) and thus you can directly impact how you think and feel about certain events in your life; and most importantly, in the end, you can act more wisely.

New understandings lead to new thoughts, new thoughts lead to new emotions and consequently to new actions. But there's even more. With regular self-reflection, you can act smarter, you can make sure that your goals and environmental forces are aligned.

Here are 18 questions to help you reflect on your year (your time) at Windsor Place. After answering each question (or as many as you like), please feel free to share with your community Activity staff—Cheryl Brown, Amanda Landsaw, and Karen Wilson--as each of them will use these questions to facilitate informal discussions with the residents during group and or personal reflection time.

1. What is something we did at Windsor Place this year that you think you will remember for the rest of your life?
2. What is something you accomplished this year that you are proud of?
3. What was the nicest thing someone at Windsor Place did for you this year?
4. What was the most challenging part of this year for you?
5. Where is your favorite place to visit at Windsor Place? Why?
6. If you could change one thing that happened this year, what would it be?
7. What are three things you did this year to help your neighbor?
8. What is one of the most important things you learned this year?
9. What is something that was hard for you at the start of the year but is easy to do now?
10. In what area do you feel you made your biggest improvements?
11. What is your favorite part of the day at Windsor Place? Why?
12. What is something you taught someone this year?
13. What person (or persons) at our facility has made the biggest impact in your life this year? Why?
14. What is something the Windsor Place staff could have done to make this year better for you?
15. What are some adjectives that best describe your year (your time) at Windsor Place?
16. Knowing what you know now if you could write a letter to yourself that would travel back in time so that you would receive it at the start of the year, what advice would you give your younger self?
17. What advice would you give Windsor Place staff who will be working with you in 2020?
18. How could you plan 2020 with specific goals in mind?



Skipper O'Connor *showing off her candy canes.*

Windsor Place Community Members *attend Cessna's Annual Christmas luncheon.*

London/Cambridge Community Members *traveled to Oxford to enjoy some Holiday entertainment.*

Director of Nursing, Amanda Long, and ***Bert Grover*** *make pies.*

Alta Nolte *enjoys a visitor during Christmas.*

Field Kindley select choir entertaining ***Windsor Place Community Members****.*

Age-to-Age Kindergarten News

December was certainly a month of tradition sprinkled with events of love, song, imagination and giving.

Picture this! Students have decorated their gingerbread cookies and left them for a brief time to go to breakfast buddies. Upon returning, we realized they were missing!! The children searched the facility with the help of the Grandma and Grandpas looking for the cookies. Residents and staff could only say that they had seen them running from the classroom shouting, "Run, Run as fast as you can, you can't catch me, I'm the gingerbread man!." Finally hoping someone would find the cookies or perhaps they would return on their own, we got back to business as usual. Shortly after our demise, Miss Cheryl came to the room with a plate full of gingerbread cookies. You guessed it! They were our cookies!! Miss Cheryl said she was on break driving by the creek and happened to find them so caught them all and headed to Windsor! Thank You Miss Cheryl. You saved the day!

Residents dressed in Christmas head attire, children in Christmas tree shirts and a room full of Parents, Grandparents and staff is a perfect back drop for a sing-a-long. We had beautiful music provided by the children as well as a solo sung by Haylie Bagwell, Tyner's mom. Her voice was angelic as it carried throughout the lobby. A special surprise was resident, Dean De Mott, who appeared in red glasses and a red nose for "Rudolph the Red-nosed Reindeer". Needless to say this combined recipe made for a hit right off Broadway!!!!

A giving spirit is a wonderful thing to witness however when it is magnified by 20 it is miraculous! The students and their parents brought gifts to the classroom throughout the month of December to be given away at a wagon party close to Christmas. Enough gifts were brought to circulate throughout the building as well as fill stockings on Christmas morning. Thank you to everyone for your kindnesses.

Several holiday craft days and game days were spent in the December afternoons. The Residents topped off the holiday activities by giving the children a Christmas party. The students decorated their classmates like Christmas trees and after teaching the Grandmas and Grandpas about "The Elf on the Shelf", they found out the Elf had brought them each a present from Santa! Bags of goodies were given out for everyone to take home and the party ended with Christmas tree cakes and drink. One of the students summed up the event by saying, "We have had a fun day and it just keeps getting better and better!"

As we pack away our memories of Christmas 2019 in the Age-to-Age classroom, we would like to thank anyone who had a part of our festive days. Here's wishing everyone a most HAPPY NEW YEAR!

*Age-to-Age students ask **"Grandma Marcia" (Marcia Abell)** if she has seen their Gingerbread cookies.*

An angel was found at the Age-to-Age Gingerbreat Hunt.

Featured Resident

Connie Smart

By: Amanda Landsaw, Chelsea Activity Director

The Featured Resident for January 2020, is Connie Smart.

She has one brother, Douglas and one sister, Judith. They all grew up here In Coffeyville, Kansas.

On June 5, 1953, Connie married the love of her life, Charlie Smart. Together they had 2 sons, Andy, and David.

She enjoyed being the secretary for Tri County Special Education for 32 years.

And today, Connie enjoys passing the time reading, playing solitaire, listening to all kinds of music, and watching softball and football on TV.

Congratulations, Connie, for being chosen Feature Resident, for January 2020!

Moved Out Of The Community

Sylvia Estes
Billy Jones
Janice Fulcher-Kennard
Elaine Strimple
Edna Chittum
Jessie Moore

In Loving Memory

Margaret Thompson
Kim Jones
William Russell
Beulah Wade

New Residents To The Community

Joyce Hemphill
Kim Jones
Mardelle Sowell
Robert Palone
Lorne Palone
Sharon White
Jeanne Demello
Jimmy Plute
Dorothy Sprague

Community Members Celebrating Birthdays This Month

Alline Massey	01/02
Kathryn Thompson	01/04
Lori Johns	01/05
Nyla Smith	01/06
Linda Beever	01/08
Leora Allen	01/11
Susan Moore	01/19
Norma Gentry	01/22
Geraldine Howard	01/24
Wilmoth Wooten	01/30

Staff Members Celebrating Birthdays This Month

Nyla Smith	01/06
Sheri Bromley	01/06
Monte Coffman	01/07
Shequetta Dean	01/08
Rhonda Ridenhour	01/14
Lisa Barron	01/19
Robert McDaniel	01/21
Crystal Marion	01/22
LaToya Dockery	01/22
Paula Page	01/25
Thomas Savage	01/25
Sue Morgan	01/28
Kim Sjolander	01/29
Kenna Tucker	01/30
Kimberly Palmer	01/31

Employees Celebrating Anniversaries This Month

	(# of years employed)		(# of years employed)
Brenda Carnes	1	Kim Sheibe	3
Rhonda Ridenhour	1	Sheri Bromley	7
Loretta Romines	1	Suzanne Burton	7
Cynthia Shively	1	Rachel Duncan	12
Susan Chrismon	2	Robert Foster	13
LaToya Dockery	2	Megan Pierce	14
Laura Dunn	2	Cody Prather	14
Kelly Rupert	2	Benjamin Curran	30

*The Stage Art dancers from Independence entertaining **Windsor Place Community Members**.*

Charlene Merriman

Congratulations to Charlene Merriman, who has been a part of Windsor Place for 40 years, as of December 2019! Thank you, Charlene for your hard work and dedication!

*Roosevelt Middle School choir visiting with **Windsor Place Community Members**.*

***Oxford Community Members** playing Christmas Bingo.*

Marcia Abell *is joined by her Mother and Sister at the Oxford Christmas Party.*

Mary Fricke and Bert Grove *play a game of bowling.*

Coffeyville Community College caroling up and down the hallways of Windsor Place.

Inez Lewis *and daughter making memories at the Oxford Chirstmas Party.*

Geneva Myer *and Great-Grandaughter enjoy the Oxford Christmas Party.*

Roosevelt Middle School Choir entertains ***Windsor Place Community Members***.

News from Assisted Living

By Cathey Heady, Assisted Living Activity Director

December was a month of great excitement, enjoyment, and fellowship. Many special moments were created as groups came and shared their time and talents with us. The children that have come through our doors this month shared so much talent and love with us. My heart and the hearts of our residents are overflowing with joy. We continued with our regular activities, but so much more was added by all the additional people that have graced our doors.

Our maintenance team has been working diligently to complete the remodel of our Tyler Street kitchen and dining area. We are excited to have all the new gadgets and equipment to help residents have the best dining options we can provide.

We were happy that we were able to host our annual family Christmas dinner in the new kitchen. Our Christmas party featured the traditional dinner of ham and turkey and all the trimmings. The families enjoyed a couple of dishes so much they made a request for recipes, proving once again that the kitchen and the food are the heart of the home. Our Dietary Department works hard to bring new menu items that our residents love to eat and snack on. The Dietary Department really shined during this Christmas season. Music filled the air for entertainment and the Christmas story was read. It was a heart warming evening. We enjoyed watching the families laugh, smile and spend time together.

The community showered us with homemade goodies and notes of encouragements. We are so grateful for the love and support of our friends and family.

New beginnings are also a time of reflection. As we begin 2020, we remember those who have left us. We hope we were able to make a memorable mark on their lives through our many activities, family gatherings, and outings we enjoyed together.

It is our hearts desire that each of you have had a blessed Christmas and for 2020 to be an amazing year for you.

The Tyro Christian Church Chime Choir blessed us with Christmas music.

***Pearl Patton and Linda McFerron** having a fun evening.*

Jodi Summers *visits with a Little Blessings Preschooler.*

PEO Singers celebrate by sharing Christmas Carols with ***Assisted Living Community Members.***

Katie Owens *was joing by family for our Christmas dinner.*

Ethel Currier *getting baby loving.*

Florien Rogers *receives a gift from a little friend.*

Joan Thomas *enjoys dinner with her family.*

Resident Quotes

"What are you looking forward to in 2020?"

Collected By: Cheryl Brown, Karen Wilson and Amanda Landsaw

Marcia Abell.....I'm looking forward to better health in 2020.
Joann Spradlin.....I'm looking forward to going out to eat at restaurants more.
Linda Beever.....I'm looking forward to better mobility in the year 2020.
Barbara Frazier.....Better health is what I'm looking forward to.
Geraldine Howard.....I'm looking forward to getting out more with my family, and good health along with it.
Norma Derringer.....Being happy and healthy.
Lois Carlisle.....For my family to be happy and stay true to one another.
Zelda Stanley.....To love and be loved.
Maxine Butler.....To be happy. I love my family.
Beverly Tunstall.....I would love to see my son, and for there to be peace in the world.
Helen Sumpter.....Getting closer to God and being able to attend church again.
Catherine Ray.....I want to be able to walk again and go to the casino.
Lori Johns.....My family and friends to be happy and have a safe life.
Shirley Rollins.....To live a wonderful life.
Hazel Laurie.....I want to stay healthy.
Connie Smart.....I have my kids so I have all I need.
LaDonna Melton.....Spending as much time as I can with my children.
Mary Donahey.....My boys.
Bert Grover.....Meeting my great-great-granddaughter.
Mary Fricke.....My kids.
Kathleen Matlock.....To be happy and healthy.

Leora Allen *and daughter, LeAnn, share a moment during their Christmas party.*

Deloris Johnson and Linda Beever *pose for a picture after their Christmas Party.*

Lois Carlisle *gets a visit from Santa during the London/Cambridge Christmas Party.*

Bernice Strickland *enjoys her family during the London/Cambridge Christmas Party.*

Mary Fricke helping decorate the Christmas tree.

Juanita Tipton *and her son enjoy their Christmas Party.*

Mary Donahey*, along with her sona nd daughter-in-law enjoy the Chelsea Christmas Party.*

Ray Lumm *enjoying Christmas dinner with family.*

Hazel Hunigan *enjoying friends at the Oxford Christmas Party.*

Windsor Place
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Age-to-Age students join Windsor Place Community Members for the choir performance of the Roosevelt Middle School Choir.

Mailing List

The *Town Crier* is mailed free of charge to the volunteers, families and friends of Windsor Place. If you know of someone who is interested in receiving our newsletter by mail or e-mail, please feel free to offer this mailing list form to them.

Mailing List Form

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Address_____

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E-mail_____

Send completed form to Windsor Place in care of the Newsletter Department. Please report any address changes to the same address.